

Travel Checklist

MAKING THE INVISIBLE VISIBLE

Kids Essentials

- Snacks
- Water
- Headphones
- Games +Entertainment
- Electronics
- Spare clothes
- Wipes +nappies
- Hand sanitizer
- Toys + comforter
- Mat, blanket, towel
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Toiletries

- Toothbrush + paste
- Deodorant + perfume
- Shampoo + conditioner
- Makeup/Shaving
- Medications/Scripts
- Pain relief
- Straightener
- Sunscreen
- Insect repellent
- Hair brush
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Electronics

- Phone + Charger
- Laptop + Charger
- Travel adapter
- Headphones
- Torch/night light
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Documents

- Passport/Licence
- Insurances
- Travel docs/bookings
- Luggage tags + locks
- House + car keys
- Prepaid Parking
- Cash + travel cards

Accessories

- Sunglasses
- Hat
- Shoes - formal/active
- Jumper
- Day bag

Bookings

- Travel
- Transfers
- Accomodation
- Tours
- Hire Cars



House Checklist

MAKING THE INVISIBLE VISIBLE

Kitchen

- Freeze a meal for return
- Order shopping for
- return
- Clean out bins
- Clean out fridge
- Seal pantry food
- Freeze perishable food
- Unpack dishwasher
- Empty bins
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Maintenance

- Check pool chemicals
- Organise pool service
- Take bins out
- Mow lawns
- Organise lawn service
- Water gardens
- Set sprinkler timer
- Water indoor plants
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Pets

- Organise care
- Prep/purchase food
- Wash bedding
- Pack toys + lead
- Organise medication
- Display Vet's number
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Cleaning

- Wash/dry laundry
- Empty washer + dryer
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- Vacuum/mop floors
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- Hang wet towels + mats
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Security

- Organise mail collection
- Organise bin collection
- Spare key
- Set timers
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Leaving

- Lights off
- Fans + aircon off
- Alarms on
- Lock doors + windows
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Holidays at Home

MAKING THE INVISIBLE VISIBLE

Navigating Work

- Check available options.
- Is working from home or a compressed roster an option?
- Check public holidays
- How can accrued leave be used?

Vacation Care

- Research options
- Check availability
- Confirm bookings
- Check with family + friends for help + swaps
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Kids Activities

- What's on locally
- Local day trips
- At home activities
- Sleepovers + playdates
- Sport + recreational workshops
- Community events

Shopping

- Lunches
- Dinners
- Home activity supplies
- Extras for outings + sleepovers
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Intentions

- This holidays how do you want to
- Connect with your kids?
- Connect with your family?
- Connect with yourself?

- How do you to feel?
- How do you want your kids to feel?
- What memories do you want to create?

